



## Main Idea and Details

Read the paragraphs and answer the questions about them.

*Main ideas are what the paragraph or story is about. Sometimes they are stated (usually in the first sentence of a paragraph). Sometimes they are unstated and are more of a summary of the whole paragraph.*

What is the main idea of this paragraph?

- Sometimes main ideas are stated.
- Main ideas are what the paragraph or story is about.
- Sometimes main ideas are unstated.

*Emma, Miley, and Kara had a fun day at the pool. They played water polo while giggling and splashing. They did flips off of the diving board. They laid out in the warm sun to soak up the vitamin D. They were glad for a day of fun in the sun.*

What is the main idea of this paragraph?

- Emma, Miley, and Kara had a fun day at the pool.
- They played water polo while giggling and splashing.
- They laid out in the warm sun.

Why did they lay out in the warm sun?

- They were glad for a day of fun in the sun.
- They wanted to soak up the vitamin D.
- They wanted to have a fun day at the pool.

*Fruits and vegetables have lots of vitamins and minerals. They can boost your immune system and help you avoid sickness. They increase energy and leave you feeling alert.*

What is the main idea of this paragraph?

- Fruits and vegetables have lots of vitamins and minerals.
- They increase energy and leave you feeling alert.
- There are many benefits to fruits and vegetables.

Why do fruits and vegetables leave you feeling alert?

- They have lots of vitamins and minerals.
- They increase energy.
- They can boost your immune system.